



BOROUGH OF TARENTUM

Allegheny County, Pennsylvania



RESOLUTION #19-09

RESOLUTION OF THE BOROUGH OF TARENTUM, COUNTY OF ALLEGHENY, COMMONWEALTH OF PENNSYLVANIA INDICATING THE INTENT TARENTUM BOROUGH TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE LIVE WELL ALLEGHENY CAMPAIGN

WHEREAS, in January of 2014, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called Live Well Allegheny; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of [Insert municipality name] residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which Live Well Allegheny is intent on providing; and

WHEREAS, one of the main initiatives of the Live Well Allegheny campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

NOW, THEREFORE, BE IT RESOLVED that the Borough of Tarentum will endeavor to work along with Allegheny County to accomplish the goals of the Live Well Allegheny campaign; and

FURTHERMORE, that the Council of the Borough of Tarentum pledges to take the following steps within our community toward these goals:

- Develop indoor and outdoor wellness trails accessible to residents of all abilities
- Encourage multi-modal transportation of residents by providing facilities or policies that encourage walking and bike riding
- Promote and support farmers' markets
- Encourage involvement with community volunteer activities
- Promote smoke-free buildings and perimeters
- Provide health information focused on monthly or seasonal events
- Utilize web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives

RESOLVED and ENACTED this 8th day of August, 2019.

ATTEST:

BOROUGH OF TARENTUM

Michael L. Nestico, Borough Manager

Erika Josefoski, President of Council



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Allegheny County, Pennsylvania



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EXAMINED AND APPROVED by me this 8th day of August, 2019, 2019.

Eric Carter, Mayor

I, the undersigned, duly qualified Secretary of the Borough of Tarentum, Allegheny County, Pennsylvania, hereby certify that the foregoing Resolution #19-09 is a true and correct copy of a Resolution duly ratified and adopted by a majority vote of the Borough of Tarentum to occur at a regular meeting held on August 8, 2019 and said Resolution shall be recorded in the Minutes of the Borough of Tarentum and remains in effect as of this date.

IN WITNESS WHEREOF, I affix my hand and attach the seal of the Borough of Tarentum, this 8th day of August, 2019.

Michael L. Nestico, Borough Manager

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